# A hub for women

# in Seymour and surrounds

The SEED Hub aims to:

support women grow their confidence, skills and explore personal goals and goalsetting.



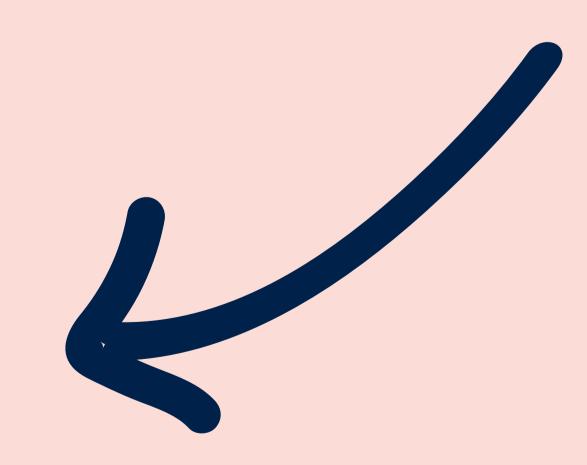
## Our support includes:

- 1 on 1 mentoring
- Flexible ongoing support
- Access to all hub programs (see over page...)
- FREE lunch and childcare for our "Stepping Stones to YOUR Pathway" program (see over page...)
- Friendly staff
- Drop in space
- FREE tea and coffee
- FREE internet access and computer use

The SEED Project (Sustaining Economic Empowerment & Dignity for Women) provides an opportunity to increase the financial wellbeing of women in Seymour, Victoria.

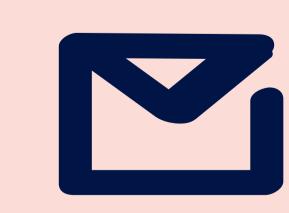
# Register now at bsl.org.au/seedproject







0482 188 098



theseedproject@bsl.org.au



47A Angelsey Street, Seymour





# FREE for Women in Seymour and surrounds

### Brush up on your budgeting, saving and spending skills with these FREE workshops starting in October



#### Spending and Savings

- Thursday 12 October 10-11.30am
- Monday 13 November 1-2.30pm



#### Banking Basics

- Thursday 12 October 1-2.30pm
- Tuesday 21 November 1-2.30pm



#### Managing YOUR Money

- Thursday 26 October 10 11.30am
- Tuesday 21 November 10-11.30am



#### Superannuation

- Thursday 26 October 1-2.30pm
- Monday 13 November 10-11.30am

### Stepping Stones to YOUR pathway

- Improve confidence
- Make new connections
- Learn new skills
- Reach your goals

10am - 2pm Thursdays in November -2nd, 9th, 16th, 23rd & 30th (5 sessions)

Free lunch and childcare available!

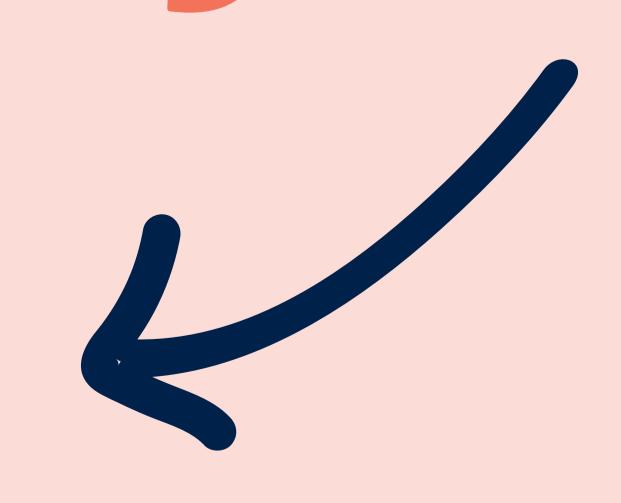
#### Employment Workshop

- How to make your resume and cover letter stand out
- Make the best first impressions
- Nail that interview!

10.30am - 2.30pm on Wednesday 18th October & Wednesday 29th November

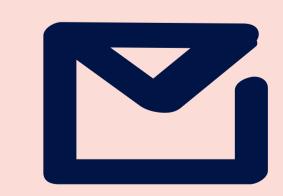
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