



Brotherhood of St Laurence
Working for an Australia free of poverty



Improve your financial wellbeing

The SEED Project (Sustaining Economic Empowerment and Dignity for Women) aims to provide an opportunity to increase the financial capability and wellbeing of women in Seymour, Victoria.

Free programs commencing in May 2023:

Financial Wellbeing Workshops

The SEED Project's Financial Wellbeing Workshops are for women who would like to build their financial skills, knowledge, and confidence. These workshops are for people who manage their own or their family's finances.

- Banking Basics - Monday 8 May 2023 from 1 pm - 2.30 pm
- Build Your Budget - Tuesday 16 May 2023 from 10 am - 11.30 am
- Superannuation - Monday 22 May 2023 from 1 pm - 2.30 pm

Empowerment Pathways Program

The SEED Project's Empowerment Pathways Program is a program running in Seymour to help women to build their confidence in pursuing employment, professional development, and training pathways. Free child care is available enquire today (limited places). Lunch is provided.

- Thursdays 10 am - 2 pm starting Thursday 4 May until Thursday 8 June 2023 (6 sessions)
- Tuesdays 9:30 am to 2:30 pm starting Tuesday 30 May until Tuesday 20 June 2023 (4 sessions)

Employment Workshop - Tuesday 23 May 2023 from 10 am - 1 pm

The SEED Project's Employment Workshop covers all you need to know about writing a resume and cover letter, applying for jobs, interview techniques and what to expect when you start a new job!

All programs are held at the
Women's Financial Wellbeing Hub -
47a Anglesey Street, Seymour.

Got a question?

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Places are limited.
Register now at bsl.org.au/seedproject

